

RELIEVE

NOURISH

SUPPORT

SYSTEM™



CLEANSE

RESTORE

Libido

PROBLEM
Lack of feminine libido.

COMPLAINTS
Loss of sexual interest.

**CAUSES (ACCORDING TO HOLISTIC
HEALTH DISCIPLINES)**

Excess coldness and dampness in
Kidney System; weakness in Kidney
System; depleted Kidney Yang and
Essence; weak, stagnant Blood.



SUGGESTED USAGE: Two tablets daily, preferably between meals.
One or two tablets may also be used an hour before intimacy.

Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 30

Ingredient	Amt. Per Serving	%DV
L-Arginine	810 mg	*
L-Histidine	36 mg	*
Proprietary SuperFood and Herbal Extract Blend		
Spinulina platensis	360 mg	*
Muirra puarna (3.5% tannins)	135 mg	*
Longan berries (12:1 full spectrum extract)	135 mg	*
Maca lepidium (gelatinized)	125 mg	*
Epimedium herb (12:1 full spectrum extract)	90 mg	*
Polygala tenuifolia root (10:1 full spectrum extract)	90 mg	*
Mucuna pruriens seed (40% L-dopa)	90 mg	*
Cnidium monnieri root (10:1 full spectrum extract)	90 mg	*
Barley grass juice (33:1 concentrate)	90 mg	*
Lycii berries (12:1 full spectrum extract)	81 mg	*
Schizandra fruit (10:1 full spectrum extract)	72 mg	*
Eucommia bark (20:1 full spectrum extract)	72 mg	*
Dong Quai root (10:1 full spectrum extract)	63 mg	*
Rehmannia root (16:1 full spectrum extract)	54 mg	*
Achyranthes root (12:1 full spectrum extract)	45 mg	*
White peony root (16:1 full spectrum extract)	45 mg	*
Dioscorea root (12:1 full spectrum extract)	36 mg	*
Cuscuta seed (12:1 full spectrum extract)	36 mg	*
Cinnamon bark (10:1 full spectrum extract)	27 mg	*
Cistanche herb (8:1 full spectrum extract)	27 mg	*
Cynomorium herb (10:1 full spectrum extract)	27 mg	*
Gentian root (10:1 full spectrum extract)	27 mg	*
Plantago seed (10:1 full spectrum extract)	27 mg	*
Ligusticum root (15:1 full spectrum extract)	27 mg	*
Cornus fruit (12:1 full spectrum extract)	18 mg	*
Total Whole Food/Herbal Value	16,388 mg	*

* Daily value not established

Other Ingredients: Cellulose gum, magnesium stearate, silicon dioxide. **Storage:** Keep tightly closed at room temperature. **Caution:** Not intended for use during pregnancy. Please keep all supplements out of childrens' reach.

4 Way Libido Support System is guaranteed to your complete satisfaction. If you are anything less than delighted with your results, return the unused portion (or your empty bottle) with your receipt to your place of purchase for a complete refund.

Quality



Assured

We welcome your questions, comments and suggestions.

Please write us at:

Pure Essence Labs

P.O. Box 95397, Las Vegas, NV 89193

www.pureessencelabs.com • 888-254-8000

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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SUPPORT



SYSTEM™



Libido

Lack of libido is not only a problem in its own right. It is a sign of imbalances in your body that can lead to more serious problems if not properly addressed.



RELIEVE • NOURISH • CLEANSE • RESTORE

Explanation Libido

Modern medicine blames low libido on estrogen deficiency and the lack of blood in the genital region. It also implies that it is part of Nature's plan.

However, if low libido were *natural, all women, in all cultures* would experience a sexual shutdown at age 45 or so. Since many women in every culture enjoy vigorous sexual desire into very old age, it is clear that lack of libido is triggered not by natural design, but by modern lifestyle.

According to Traditional Chinese Medicine, low libido stems from weakness in the Kidney system, deficiencies of Kidney "Yang" and Kidney "Essence," excess coldness and dampness in the Kidney System, or weak or stagnant Blood. These things may undermine hormone production and prevent hormones from reaching the cells they're meant to serve.

When any system is weakened, its parts are weakened, as well. The Kidney System includes not only the kidneys themselves, but the adrenal glands, the brain, the bones, and the urinary and reproductive tracts. It also *controls* hearing, healing, urination, excretion, blood marrow and sexual fluids. Weakness in the Blood affects the whole body by restricting the delivery of nutrients, biochemicals and oxygen to cells, and the removal of wastes *from them*.

Female health challenges that arise from Kidney Weakness

include bone loss, incontinence, sexual disinterest or dysfunction, hormone deficiencies, fatigue, low blood counts, memory loss, trouble focusing, senility, impaired immune response, etc. Those stemming from weak Blood are too numerous to mention.

The only way to increase libido while also guarding against these other health challenges is to resolve the imbalances that cause it. Advanced Holistics 4 Way Libido Support System is the only mainstream libido supplement that does so.

4 Way Libido Support begins by providing the amino acids, L-Arginine and L-Histidine, which enhance the flow of blood to the genital tract, and a potent extract of *Mucuna pruriens*, which provides a neurotransmitter that excites the sensory centers that stimulate sexual arousal. But, it also provides an exquisite botanical formula that rebuilds Kidney "Essence" and Kidney "Yang", dispels dampness and coldness from the

genital region, strengthens the Kidney System as a whole, and strengthens and moves the Blood.

Because it does all these things, *4 Way Libido Support System enhances libido more quickly and completely than any other libido supplement*. As it does, it also protects against the other health challenges that stem from weaknesses in the Kidney System and Blood.

The following chart lists the things we must do to fully support healthy libido while also resolving the imbalances that undermine it. Below each heading are the ingredients that serve that function.

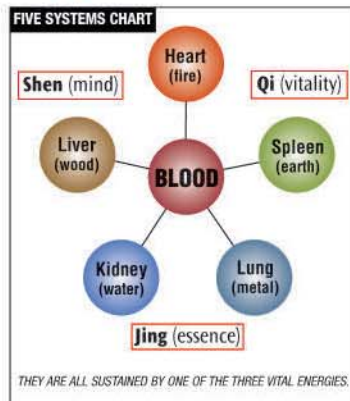
Note: Because 4 Way Libido Support System reflects the combined wisdom of Ayurveda, TCM and other holistic traditions, you may be unfamiliar with some of its ingredients. Rest assured, these ingredients are ideal for the purposes they serve.

RELIEVE • NOURISH • CLEANSE • RESTORE					
Advanced Holistics 4-Way Libido Support System					
LACK OF BLOOD IN GENITALS	COLDNESS AND DAMPNESS	WEAK, STAGNANT BLOOD	KIDNEY WEAKNESS	LACK OF KIDNEY "ESSENCE"	LACK OF KIDNEY "YANG"
L-Argine	Cinammon Bark	Dong Quai	Epimedium	Rehmannia	Eucommia, Cinnamon Bark
L-Histidine	Cistanche	Rehmannia, White Peony	Eucommia	Schizandra, Lycii Berries	Epimedium, Cuscuta Seed
Mucuna (L-Dopa)	Cuscuta Seed	Lycii Berries, Longan Berries	Rehmannia	Dioscorea, Cuscuta Seed	Cnidium, Maca
	Gentian		Dioscorea	Eucommia	Muira Puama, Cistanche

Polygala connects Heart and Kidney Systems. Achyranthes guides to reproductive tract. Cornus preserves fluids.

PERFECT BALANCE = PERFECT HEALTH

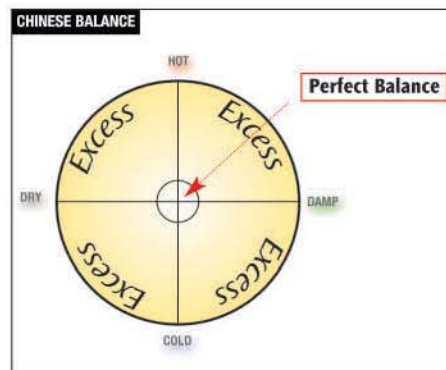
Why Holistic is Vital.



ABUNDANT HEALTH IS POSSIBLE ONLY WHEN THE BODY IS IN PERFECT BALANCE. SYMPTOMS OCCUR TO TELL US WHEN IT IS NOT. THE WORLD'S GREAT HOLISTIC TRADITIONS EXPLAIN THAT ADDRESSING SYMPTOMS WHILE IGNORING THEIR CAUSES IS A SURE ROAD TO RUIN.

In Traditional Chinese Medicine, the body is divided into five organ systems, with the

blood being the "River of Life" that connects them. All health challenges are caused by imbalances (called excesses or deficiencies) in these systems. Excesses occur when too much heat, cold, dampness,



cells grow inefficient, biological processes become sluggish. This triggers discomforts, with the type of discomfort depending on which types of cells are affected.

For over 4000 years, Traditional Chinese Medicine has correlated every type of discomfort with the imbalances that cause them. It has also told us how to resolve these imbalances.

dryness, phlegm, toxins or stagnation build up.

Deficiencies stem from a lack of the vital energies known as Qi (Vitality), Jing (Essence) or Shen (Mind).

Deficiencies and excesses prevent cells from working as they should. As

Naturally, when we experience discomfort, our first thought is relief. But, to truly protect our health, we must pay as much attention to the things that *cause* the discomfort as we do to the discomfort itself. If we have deficiencies, we must nourish the vital energies. If we have excesses, we must cleanse them from the systems they affect. Finally we must restore normal function to the cells those excesses or deficiencies have affected.

Advanced Holistics 4 Way Support Systems provide the world's finest nutraceuticals, to *relieve* discomforts as quickly and completely as possible. They also provide the world's most treasured Superior Tonic Herbs to *nourish* vital energies, and clearing herbs to *cleanse* excesses from the systems they've weakened. Together, all these things *restore* normal function to cells that have been damaged.

Relieve. Nourish. Cleanse. Restore. The four steps required for the complete resolution of any health challenge.

*Advanced Holistics 4 Way Support Systems...
The only supplements that work in all four ways.*