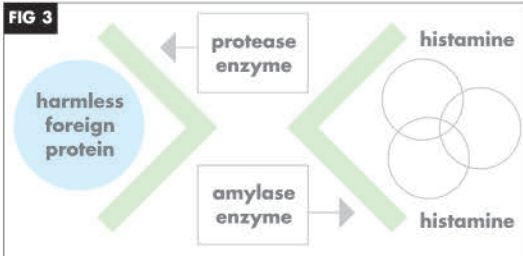


In short, enzymes do not repair the immune system. All they can do is support its normal, protein digesting actions, and possibly reduce the body's reactions to histamine. To minimize discomforts in progress, one capsule may be used every 30 to 60 minutes, until the reaction dissipates.

This can take from one to four hours, and require two to eight capsules. While using AllerFree in this way makes sense for those who experience the discomforts triggered by airborne allergens only occasionally, those who suffer more frequently find the preventative approach more to their liking.



In the bloodstream, protease enzymes may break down foreign proteins, thus helping to prevent the occurrence of allergic reactions. In the same way, amylase enzymes may help break down histamine, so that the intensity of such reactions may be minimized.

Satisfaction Guaranteed

For the millions who suffer the effects of airborne allergens, AllerFree represents a safe, natural solution. Those who use it tell us they have never experienced such complete relief from a natural product. If you are less than delighted with your personal results, return the unused portion (or empty bottle) with your receipt to your place of purchase for a complete refund.

Supplement Facts

Serving Size: 1 Capsule

Ingredient	Amount Per Serving	%DV
Vegetarian Amylase	30,000 DU	*
Vegetarian Protease	30,000 HUT	*
Vegetarian Cellulase	25 CU	*
Vegetarian Lipase	25 FIP	*
Burdock Root (4:1 extract)	40 mg	*
Nettles Leaf (5:1 extract)	40 mg	*
Quercetin	15 mg	*

* No Daily Value Established

SUGGESTED USAGE: For immediate need, three capsules every hour until desired results are achieved. For maintenance, one capsule in the morning, and another at night. Always take on an empty stomach with 8 oz. of water.

Other ingredients: Cellulose, water, magnesium stearate. **Storage:** Keep tightly closed in a dry place. **Caution:** Protease enzymes may aggravate ulcers. Please keep all supplements out of children's reach.

Quality



Assured

We welcome your questions, comments and suggestions. Please write us at:

Pure Essence Labs

P.O. Box 95397, Las Vegas, NV 89193

www.pureessencelabs.com

888-254-8000 • e-mail: support@pureessencelabs.com

AllerFree™

Enzymatic Allergy Support



* The FDA has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.

www.h2ohealthsolutions.com

A BREAKTHROUGH IN ALLERGY MANAGEMENT

Millions of Americans suffer from the discomforts associated with reactions to airborne allergens. By supporting natural immune response, the correct blend of plant based enzymes may help to reduce the frequency and intensity with which such discomforts occur. AllerFree stands alone in providing this blend.

Enzymes: A special blend to calm the effects of allergic reactions.

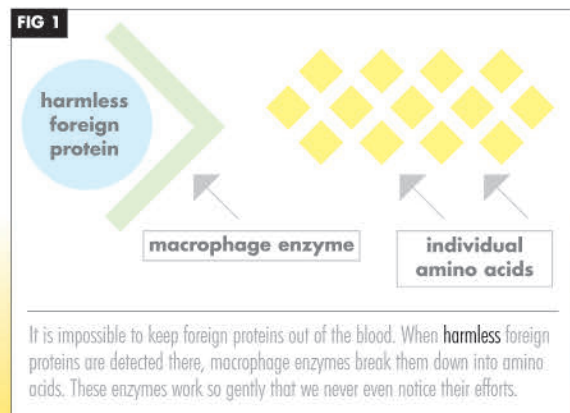
Proteins and Allergies

While protein is life's most basic building block, it can also be deadly. The proteins in venoms, germs and viruses, for example, can sicken or kill us. Because of this, the immune system is designed to identify foreign proteins that find their way into the bloodstream, and to break them down into the individual amino acids from which they are built.

Normally, the immune system breaks down harmless proteins—those from pollens, molds, animal dander, etc.—with macrophage enzymes, which work so gently that we never even know they are there (see fig. 1). In many people, however, the immune system mistakenly identifies these harmless proteins as dangerous pathogens, and sends out heavier weapons. These heavier weapons release a chemical called histamine, which cause the inflammation, itching, sneezing, and other discomforts we call allergic reactions (see fig. 2).

Can This Be Overcome?

To date, science has found no way to "teach" faulty immune systems to identify harmless proteins correctly. Certain blends of plant enzymes may, however, help reduce the frequency of allergic reactions, and the intensity of the discomforts they cause.



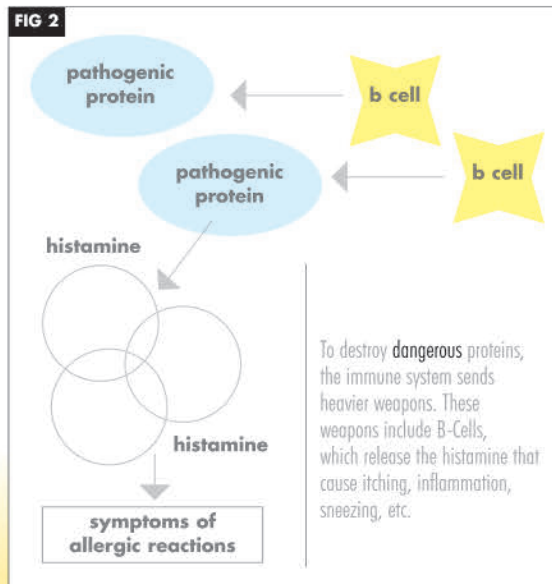
Protease and Amylase Enzymes

In the digestive process, protease enzymes break down proteins, amylase enzymes break down carbohydrates, lipase enzymes break down fats, and so on. Thus, when taken with meals, enzyme supplements improve the digestion of foods.

When taken between meals, substantial amounts of these enzymes are absorbed into the bloodstream. There, protease enzymes may be able to break down foreign proteins before the immune system sends heavier weapons, which may prevent the occurrence of an allergic reaction. In the same way, amylase enzymes may help break down histamine, so that the discomforts triggered by reactions already in progress may be minimized (see fig. 3).

How Much of these Enzymes Do I Need?

Each capsule of AllerFree contains 30,000 HUT's of protease, and 30,000 DU's of amylase. Within about two weeks of use, one capsule, in the morning, and another at bedtime (always on an empty stomach) may substantially reduce the frequency and intensity with which the discomforts associated with allergic reactions occur. If the use of these enzymes is discontinued, however, such discomforts will recur.



ALLERFREE REPRESENTS A SAFE, NATURAL SOLUTION TO YOUR ALLERGY CONCERNS.

authorized distributor www.h2ohealthsolutions.com 877-426-4584