

RELIEVE

NOURISH

SUPPORT

SYSTEM™

4
Way

CLEANSE

RESTORE

Joint

PROBLEM
Joint degeneration.

COMPLAINTS
Joint pain; inflammation;
lack of flexibility.

**CAUSES (ACCORDING TO HOLISTIC
HEALTH DISCIPLINES)**
Depletion of Liver and
Kidney Essence; excess dampness,
wind, or cold; Blood stagnation.



SUGGESTED USAGE: Four tablets daily;
one with each meal, and one tablet at bedtime.

Supplement Facts

Serving Size: 4 Tablets Servings Per Container: 30

Ingredient	Amount Per Serving	%DV
Glucosamine sulfate	1500 mg	*
Chondroitin sulfate	1200 mg	*
MSM (methylsulfonylmethane)	900 mg	*
Spirulina platensis	360 mg	*
BioCell Collagen II®	180 mg	*
Barley grass juice (33:1 concentrate)	90 mg	*
Eucommia bark (12:1 full spectrum extract)	54 mg	*
Dong quai root (12:1 full spectrum extract)	54 mg	*
Siler root (12:1 full spectrum extract)	45 mg	*
Cinnamon bark (12:1 full spectrum extract)	36 mg	*
Gentian root (12:1 full spectrum extract)	27 mg	*
Angelica pubescentis (12:1 full spectrum extract)	27 mg	*
Loranthus stem (12:1 full spectrum extract)	27 mg	*
Asarum herb (12:1 full spectrum extract)	27 mg	*
Cnidium root (12:1 full spectrum extract)	27 mg	*
Poria cocos (12:1 full spectrum extract)	27 mg	*
Ligustrum fruit (12:1 full spectrum extract)	27 mg	*
Achyranthes root (12:1 full spectrum extract)	27 mg	*
Panax ginseng (12:1 full spectrum extract)	27 mg	*
Monatomic trace mineral complex	27 mg	*
White peony root (12:1 full spectrum extract)	18 mg	*
Rehmannia bark (12:1 full spectrum extract)	18 mg	*
Licorice root (12:1 full spectrum extract)	18 mg	*
Hyaluronic acid (BioCell Collagen II®)	18 mg	*
Protease enzymes	9043 HUT	*
Amylase enzymes	1357 DU	*
Lipase enzymes	181 FCCLU	*
Cellulase enzymes	362 CU	*
Pectinase enzymes	5 endoPGU	*
Cerecalase enzyme blend	225 MU	*
Total Whole Food/Herbal Value	5832 MG	*

Other Ingredients: Cellulose gum, magnesium stearate, silicon dioxide, ginger oil.
Storage: Keep tightly closed at room temperature. **Caution:** Not intended for use during pregnancy. Please keep all supplements out of children's reach. BioCell Collagen II (and design) is a trademark of BioCell Technology, LLC, Anaheim, California, USA.

4 Way Joint Support is guaranteed to your complete satisfaction. If you are anything less than delighted with your personal results, return the unused portion (or your empty bottle) with your receipt to your place of purchase for a complete refund.

Quality **Pure** Assured
ESSENCE LABS™

We welcome your questions, comments and suggestions.

Please write us at:

Pure Essence Labs

P.O. Box 95397, Las Vegas, NV 89193

www.pureessencelabs.com • 888-254-8000

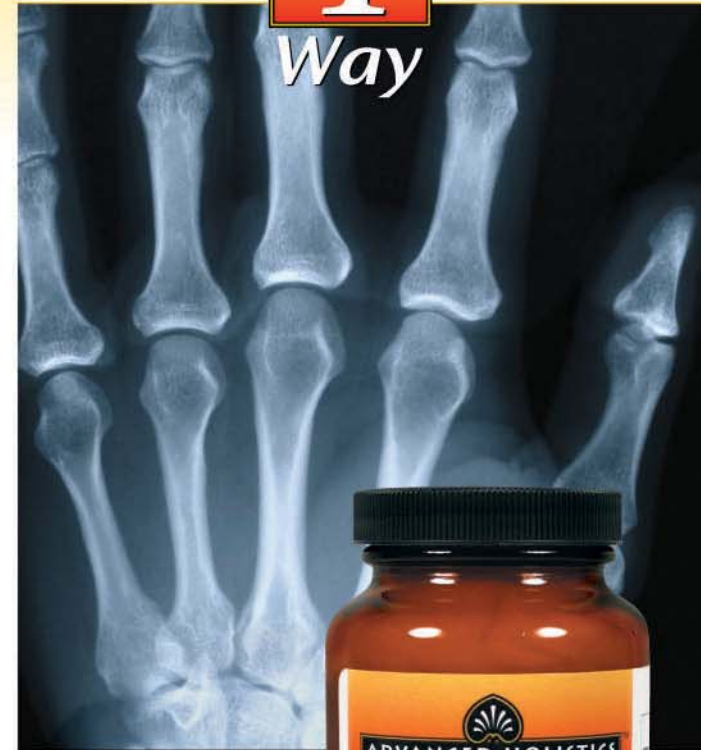
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SUPPORT

4
Way

SYSTEM™



Joint

Joint problems are not only problems in their own right. They are signs of imbalances in your body that can lead to more serious problems if not properly addressed.



**ADVANCED
HOLISTICS**

RELIEVE • NOURISH • CLEANSE • RESTORE

Joint

Modern medicine blames joint problems on autoimmune syndromes triggered by bacteria, viruses or genetic disorders. However, it ignores the physical imbalances that permit these things to become problems.

In Traditional Chinese Medicine, the Kidney System rules the bones, and the Liver System rules the muscles, tendons and ligaments. Thus, joint problems always stem from weaknesses in these systems that occur due to a deficiency of Kidney or Liver "Essence." Other factors that contribute are excess dampness, wind or cold and blood stagnation.

Obviously, when any system is weakened, its parts are weakened, as well. Since the Kidney and Liver Systems include the brain, the bones, the adrenal glands, the urinary and reproductive tracts, the marrow of the blood, the gall bladder, the muscles, ligaments, tendons, joints and so on, joint problems signal that we are also vulnerable to other health challenges.

Health challenges that stem from Kidney weakness include bone loss, incontinence, prostate problems, sexual disinterest or dysfunction, hormone deficiencies, fatigue, low blood counts, memory loss, trouble focusing, senility, etc. Those originating in Liver weakness include muscular tension (par-

ticularly in the shoulder and neck), eye and vision problems, lack of direction or will, spasms, cramps, twitching, dizziness, vertigo, convulsions, hypertension, headaches, menstrual disorders, pale, thin, dull, soft, ridged or brittle nails, dry, listless hair and fungal infections (including candida albicans).

The only way to improve joint health while also guarding against these health challenges is to resolve the imbalances that cause them. Advanced Holistics 4 Way Joint Support System is the only mainstream supplement that does so.

4 Way Joint Support begins by providing a perfect balance of full strength potencies of chondroitin, glucosamine sulfate, 100% bioactive collagen and MSM to help build new cartilage. But, it also provides an exquisite botanical formula that rebuilds Kidney and Liver Essence, resolves Blood stagnation, helps remove dampness,

wind and cold, and opens the channels through which energy reaches the body's extremities.

Because it does all these things, it supports joint health more quickly and completely than any other joint supplement you'll find. As it does, it also protects against any health challenges triggered by the imbalances listed above.

The following chart identifies the things we must address to fully support healthy joint function and the systems to which joints and their associated parts belong. Below each heading is a list of the factors that serve that function.

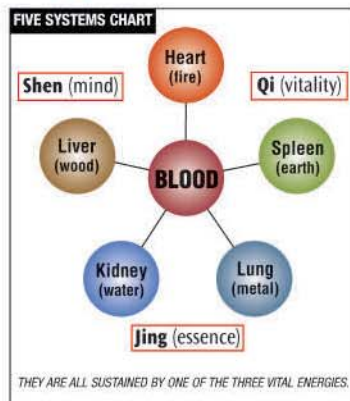
Note: Because 4 Way Joint Support System reflects the collective wisdom of Ayurveda, TCM and other holistic traditions, you may be unfamiliar with some of its ingredients. But, these ingredients are ideal for the purposes they serve.

RELIEVE • NOURISH • CLEANSE • RESTORE				
Advanced Holistics 4-Way Joint Support System				
CARTILAGE BUILDERS	EXCESS COLD, DAMPNESS "WIND"	WEAK, STAGNANT BLOOD	DEPLETION OF KIDNEY ESSENCE	DEPLETION OF LIVER ESSENCE
Chondroitin	Siler, Ligustrum	Dong Quai	Eucommia, Rehmannia	Rehmannia
Glucosamine	Gentian Root, Poria Cocos	Ligustrum	Ligustrum	Loranthus
MSM	Angelica Pubescentis	White Peony	Cnidium, Loranthus	Poria Cocos
BioCell Collagen II	Panax Ginseng, Cinnamon Bark	Rehmannia	Achyranthes	

Panax ginseng builds Qi. Cinnamon awakens Qi. Enzymes improve utilization of cartilage building factors.

PERFECT BALANCE = PERFECT HEALTH

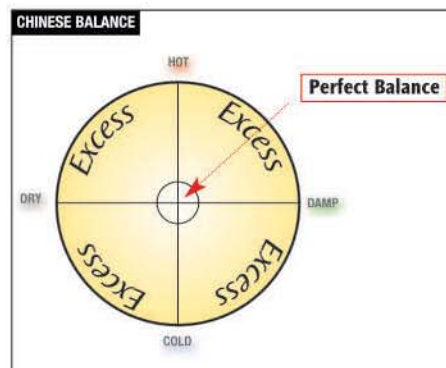
Why Holistic is Vital.



ABUNDANT HEALTH IS POSSIBLE ONLY WHEN THE BODY IS IN PERFECT BALANCE. SYMPTOMS OCCUR TO TELL US WHEN IT IS NOT. THE WORLD'S GREAT HOLISTIC TRADITIONS EXPLAIN THAT ADDRESSING SYMPTOMS WHILE IGNORING THEIR CAUSES IS A SURE ROAD TO RUIN.

In Traditional Chinese Medicine, the body is divided into five organ systems, with the

blood being the "River of Life" that connects them. All health challenges are caused by imbalances (called excesses or deficiencies) in these systems. Excesses occur when too much heat, cold, dampness,



cells grow inefficient, biological processes become sluggish. This triggers discomforts, with the type of discomfort depending on which types of cells are affected.

For over 4000 years, Traditional Chinese Medicine has correlated every type of discomfort with the imbalances that cause them. It has also told us how to resolve these imbalances.

dryness, phlegm, toxins or stagnation build up.

Deficiencies stem from a lack of the vital energies known as Qi (Vitality), Jing (Essence) or Shen (Mind).

Deficiencies and excesses prevent cells from working as they should. As

Naturally, when we experience discomfort, our first thought is relief. But, to truly protect our health, we must pay as much attention to the things that *cause* the discomfort as we do to the discomfort itself. If we have deficiencies, we must nourish the vital energies. If we have excesses, we must cleanse them from the systems they affect. Finally we must restore normal function to the cells those excesses or deficiencies have affected.

Advanced Holistics 4 Way Support Systems provide the world's finest nutraceuticals, to **relieve** discomforts as quickly and completely as possible. They also provide the world's most treasured Superior Tonic Herbs to **nourish** vital energies, and clearing herbs to **cleanse** excesses from the systems they've weakened. Together, all these things **restore** normal function to cells that have been damaged.

Relieve. Nourish. Cleanse. Restore. The four steps required for the complete resolution of any health challenge.

*Advanced Holistics 4 Way Support Systems...
The only supplements that work in all four ways.*